

British Canoeing East Region Touring Event  
Sudbury to Bures on the River Stour  
23<sup>rd</sup> September 2018, 10:00am



The River Stour is a lovely river on the border of Suffolk and Essex, which flows through Sudbury to Cattawade and then out to the sea at Harwich. This paddle covers about 7 miles of this scenic river, from Sudbury Quay to Bures.

Please arrive at Sudbury Quay in time to commence a Car Shuttle to Bures by 10:00. (Boats and Paddlers are dropped at Sudbury. The drivers then proceed to Bures with the cars which are left there.)

This Paddle is organised by The Sudbury Canoe Club for clubs within the Region. Once on the water, the Clubs will be responsible for their paddlers and will be expected to provide their own On Water Leaders as

if it was one of their normal club trips.

- Organising Club: Sudbury Canoe Club
- Distance: Approx 7 Miles with the current (There may be little flow)
- Access/Licensing: The River Stour is subject to an Environment Agency Licence. All British Canoeing Members are covered (please bring your BC Membership Cards). Otherwise a licence may be available through your club, or you can purchase a licence through the River Stour Trust.
- Parking Fees: There are no parking fees at either end.
- Changing/Toilets: The organisers have arranged for Toilets to be available at the start.
- Hazards: There will be several weirs on the trip that can be easily portaged. The trip is suitable for Open Canoes, Touring boats and General Purpose Kayaks.
- Equipment: Please bring normal equipment for a day on the river including a packed lunch, drinks and warm clothes/wet weather gear.
- Meet: Quay Ln, Sudbury CO10 2AN by 10:00am, ready to commence a car shuttle.  
<http://www.streetmap.co.uk/map.srf?x=587250&y=240853>
- Finish: Bures by 4:00pm

**Notes:**

- This paddle is open to all Clubs in the East Region. Please inform the organiser in advance to confirm attendance and so they can keep you informed if conditions change etc.
- Please ensure your paddlers are likely to be capable of the trip. The ultimate decision lies with the attending clubs and their On Water leader(s).
- Touring Boats, General Purpose Boats and Open Canoes are appropriate for this trip. Short play boats are not really appropriate and will be hard work to paddle this distance.

Organiser: Kyrstie Jane Hall Please contact through Sudbury Canoe Club in the first instance at [scc.onthestour@gmail.com](mailto:scc.onthestour@gmail.com)